

“Tiger Tidings”



What is Your First Attention?

When Leonardo da Vinci resolved to paint the Last Supper, he threw all his energies into the work. He labored early and late. No pains were spared by him. He pondered devoutly those pages of the New Testament which recorded the first sacramental feast, in order that he might do his best to realize and reproduce this memorable scene. At length his task was done. Having given the finishing stroke, he invited a few confidential friends to a private inspection. They gazed attentively, and various remarks were made. An observation from one of them, however, led, as will be seen, to unexpected results. He spoke with great admiration of a golden chalice represented as being on the table at which our Lord and his disciples sat. Its shape, color, size, were all that could be desired. “That,” exclaimed the critic, “is the most beautiful object in the picture.” Hearing what was said, the artist took up a brush, and dipping it in black paint, deliberately smeared it over the whole canvas. He soon explained it - “If,” said he, “what you tell me is true, then my picture is a failure, for I meant my Master’s face to be the chief and most beautiful object.”

All are artist: a good or bad picture each of us is painting – the picture of life. Too often, alas! Men make inferior things the most conspicuous objects on the canvas of their daily history, bestowing rich colors and careful handicraft upon trifles. But the Savior should be the grand center of our souls, and should have our chief and first attention.

T. Stevenson



Parenting Tip

Subject: Reading and Vocabulary
“A Word a Day”

One way children learn new words is through everyday conversation. The more words they become familiar with, the easier it will be for them to learn to read. Try starting conversations with your child during these and other convenient times.

In the car:

Talk about things you see, such as budding trees and flowers.

“Wow! It seem like it was just yesterday that the trees were bare.”

During mealtime:

Let your youngster help you prepare dinner.

“Could you please hand me the colander?”

At bedtime:

Ask about your child’s day and tell about what happened during yours.

“I had a difficult day at work because I was very busy.

How was your day?”

Reading Connection, 2002



To Your Good Health - Subject: Healthy Hearts

“Beans and Peanuts Have Positive Effect on Heart Health”

The November 26 issue of the “Archives of Internal Medicine” reports that researchers from Tulane University -- after studying interviews and medical exams of more than 9,600 Americans over the course of 19 years -- concluded that a diet rich in beans, peas, and legumes may affect heart health. (Legumes are plants that have pods with tidy rows of seeds inside. This category includes beans, peas, lentils, and pea-nuts.) The study found that men and women who ate legumes at least four times per week had a 22% lower risk of coronary heart disease. They also had lower blood pressure, lower total cholesterol, and were less likely to be diagnosed with high blood pressure and diabetes.

“Better Health” Spring, 2006



If you need a good laugh, check out these children's Science exam answers (not our students!)

Q: Explain one of the processes by which water can be made safe to drink.

A: Flirtation makes water safe to drink because it removes large pollutants
Like grit, sand, dead sheep and canoeists.

Q: How are the main parts of the body categorized? (e.g., abdomen)

A: The body is consisted into three parts -- the brainium, the borax and the abdominal cavity.

The brainium contains the brain; the borax contains the heart and lungs, and the abdominal cavity contains the five bowels A, E, I, O, and U.

Q: Name the four seasons.

A: Salt, pepper, mustard and vinegar.

Q: What does the word ‘benign’ mean?

A: Benign is what you will be after you be eight.

Q: How is dew formed?

A: The sun shines down on the leaves and makes them perspire.

Q: How can you delay milk turning sour? (Brilliant, love this!)

A: Keep it in the cow.



With Our Students

LADY TIGERS ARE 9 AND 7

Last week, Trinity lost to Corbett 24-48. Corbett is undefeated so far, but Trinity still made some runs at the top team. Bailey Whitehurst had an amazing 14 steals; and Dae Dae Johnson scored 12 points and grabbed 10 rebounds for the Tigers. Dae Dae and Analese Steverson-Pugh combined for 10 blocked shots.

On Friday Trinity defeated Cornerstone 53-29. Trinity started slow but really came on in the 3rd period when they went on a 24-4 run. Nine Tigers scored in the game. Rachel Gray had 16 points and 15 rebounds. Dae Dae had 11 points and 14 rebounds. Bailey had 10 steals. Lizzy Evans grabbed 8 rebounds and Tiana Steverson-Pugh added 6 points.

Yesterday Trinity lost to King’s Way Christian School 26-44. The Lady Tigers ran into foul trouble and poor shooting in a league loss at King’s Way in Vancouver. Rachel had 13 rebounds and 9 points. Dae Dae had 11 rebounds for Trinity. Lizzy Evans came in to give the Tigers a lift with a couple of quick baskets.

National Lutheran Schools Week

This annual celebration of our Lutheran Schools across our country and abroad, will take place the week of March 7th-13th. Activities are being planned so that our students can enjoy the week in special ways.

One big day during that time will be our Grandparents/Special Friends Day. It will be celebrated Wednesday, March 10th from 10:00 am through lunch. Mark this on your calendars and plan to have a grandparent of special friend join your son or daughter that day. More details will be forthcoming.

Re-enrollment Continues

Re-enrollment forms are coming in as we move into the middle of February. If you haven't taken care of this matter, please consider doing so sooner rather than later. It will help you by protecting a spot for your child(ren) for next year. It will help us in the planning for staffing and curriculum for next year. Thank you for your attention to this important task.

From Our Admissions Director: Mary H. Schuldheisz

The Cooking Club will be serving a special Valentine's meal for the Latino families on Sunday, February 14, 2010. For those of you in the Cooking Club, plan to arrive around 2:30pm and stay until 6pm. Dinner will be served around 4:15pm. Come around to the kitchen side of the building to gain entrance. Please bring an apron, a mixing bowl, spatula, portable electric mixer (if you have one), a frying pan, a cutting board and a sharp knife.

Trinity Lutheran School, the Concordia Neighborhood Association and Englewood Christian Church will be sponsoring a Spelling Bee for adults, ages 18 and up, on Tuesday, February 23, 2010, at Englewood Christian Church (3606 NE Killingsworth St.), 7pm. The event is free to participants and observers.

The Word Bugs will be busy again this month. We have added another client. On Wednesday mornings The Word Bugs read to children at the Carlton Apartment Head Start, almost directly across the street from Trinity Lutheran School!

Students in Grades 5-8 will be able to participate in The Battle of the Books. A book list will be published after L.E.S.T. and Trinity will be hosting this year's Battle of the Books in late May as we take on Portland Lutheran School and Pilgrim Lutheran School.

Presidents' Day

This coming Monday, February 15th, our country will celebrate Presidents' Day. That means NO SCHOOL!

This comes on the heels of L.E.S.T. when there is no school Thursday and Friday. That means our students will enjoy a "five day weekend"!

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Did You Know?

- Brazil got its name from the nut, not the other way around.
- Los Angeles's full name is El Pueblo de Nuestra Senora la Reina de Los Angeles de Porciuncula - - and can be abbreviated to 3.63% of its size: L.A.

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Parenting Growth Opportunity

Are you interested in learning, **How to Raise a Healthy Spiritually Child?** Then please join me and others in a five-week bible study beginning February 17th from 5:30-6:15pm in the library. If you have any questions or need additional information, please contact Brenda Eads at (503)285-6448 or <mailto:eadses96@yahoo.com>eadses96@yahoo.com.

Metropolitan Achievement Tests Are On the Horizon

Our annual achievement testing period for grades three through eight is scheduled for February 22nd - 26th. While it is still two weeks out, a reminder to parents that all missed tests on those days must be made up before the entire group of school tests can be sent off for scoring and analysis. If it is at all possible, we would appreciate that parents avoid those dates (in the mornings) in scheduling appointments that would take children out of school and force additional make-ups. Thank you.



How Big is 100 Billion?

Start counting now and you'll be dead before you finish. At a certain point, numbers can seem unreal. One billion is 1,000 times one million, and 100 billion is 100 times that. Can you visualize it now? Most of us can't.

Scientists estimate that the Milky Way galaxy contains 100 billion stars. How many can you count on a clear night?

To count out loud to 100 billion, you'd spend the next 3,000 years (and then some) speaking nonstop.



**TRINITY LUTHERAN SCHOOL, PORTLAND, OREGON
SECOND QUARTER 2009-2010 HONOR ROLL**

**PRINCIPAL'S HONOR ROLL * 4.00 GPA
ROYAL BLUE HONOR ROLL - 3.50 to 3.99 GPA**

Grade 5

Caleb Eads*
Jeremiah Lietke*
Lilly Diaz
Marcus Gray
Sydney Kelly
Talia Sampson
Arianna Wolfe-
Perez

Grade 6

Rose Burton*
Mylan Garnett*
Christopher Oden-
Orr
Regina Warila

Grade 7

Noad Aynalem*
Katie Darke*
Amanda Smith*
DaNaya Mayes-
Barnes*
Azaria Coakley
Rachel Gray
Madeline King-
Nelson
Ian Lortz
Matt Martin
Isabella Matthews
Neil Persen
Tiana Steverson-
Pugh

Grade 8

Analese Steverson-
Pugh*
Bailey Whitehurst*
Valerie Wille*
Aimee Diaz
Jillian Sheek
Noah Warila
Emmalee Weaver

ROYAL WHITE HONOR ROLL - 3.25 to 3.49 GPA

Sienna Hartle
Shawn Johnson

Maya Belnavis
Maggie Curry
Mason Downs

Chris Ek Juarez
Mariah Olson

Lizzy Evans
Sam Niedner

HONORABLE MENTION - 3.05 to 3.24 GPA

Gib Brown
Harranie Chavers
Isaiah Frison
Yajaira Gongora
Izryl Johnson

Tearale Dempsey
LaNaya Smith

Vincent Battilega
Joe Brinton
Dae Dae Johnson
Tobias Kelly